



copy of SiF and able to play it, it was quite illuminating to compare the old gliders and old thinking with the new – it makes you realise just how far we've moved on.

The **second video** I thought would be akin to the 'out-takes' – wrong again! In many ways I found it the most useful and it provided a few gems I hadn't considered. Gems, like spiralling against a single big ear to reduce the G forces and speed – and have the same descent rate as a



normal spiral. The importance and methods of gathering in the wing after a reserve throw. Why to land downwind in water and more. Loads of good stuff.

If there's any cautionary note in viewing SiF2, it's possibly that it's all made to look too easy and tempt you to try a few things when high over your local hill. There is a line that shouldn't be crossed without proper, professional instruction in a controlled environment. Appreciate that these guys are experts, they do it for a living. That said, one day the unplanned, big asymmetric or frontal may strike and it has to be useful to have some idea why, and how to react. Regular watching of SiF2 must go some way towards helping – but is never a substitute for proper training.

To conclude – this is essential viewing for all pilots. Nothing comes even close on so many levels. At under £30 it's excellent value –or borrow for free from the club library – well, there should be a long enough queue to force you to buy it.

Do I have any gripes? Yes, I do actually. Why has Jocky not appeared to age since the first SiF?

Truly the Peter Pan of paragliding.