# **PLANNING: The basics**

Know your:

•BHPA

•CLUB

•FLYING AREA

•EQUIPMENT



•**RESPONSIBILITIES** 



British Hang Gliding and Paragliding Association

http://www.dhpc.org.uk/ http://www.cumbriasoaringclub.c o.uk/CSC\_Home.php

• Know the rules of the air (converging, thermalling, overtaking, landing etc) Use of NOTAM's.

- By aware of flight and site etiquette
- Know the site rules and the various restrictions as they apply
- Acquire some basic First Aid.
- Seasonal changes lambing, hefting, crops, shooting etc

## Flying the Dales and neighbouring regions

A short photo tour and discussion of the main sites.

## • Topography

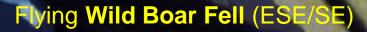
(Physical nature, shape, features, influences)

Flying conditions

(wind patterns, wave, sea breeze effects)
Hazards & rules

(D/R areas, AIAA, flying cond. Cloud, signal) Unofficial sites, (Western Dales, non guide http://www.dhpc.org.uk/ http://www.xcleague.com /xc/index.php

http://xcplanner.appspot .com/



## The Howgills - all wind directions (except NW)

**Green Bell – N/NE** 

**Far Whitestones - SW** 

Winder - S

**Cautley - SSE** 





## Windbank/Hawkswick - SW

#### Pro's

- Long ridge to explore
- Easy/clean take off and landing areas
- Easy access 15 min walk up
- Good thermal site
- Excellent XC potential

## <u>Con's</u>

Some restrictions
Can be adversely effected by wave
Not lenient to wind direction



# Wether Fell – WSW to NW

## Pro's

- Easy, top drive access
- Popular, often flown
- Good top and bottom landing
- Good wave site
- Reasonable thermal site. Good XC potential.
- Lenient of wind direction
- Few hazards



# Barkin Fell – SE to E

#### Pro's

- Perfect 4km ridge
- Good thermal site
- Good top and bottom landing
- Few restrictions
- Good first XC site
- Has a useful SSE face at the end
  - Few hazards in light winds

#### Con's

- Can be a walk! Can also be 15 mins
- a light wind site, strong compression
- can be effected by wave, either way!
- the NE bowl out of bounds!
- Can be effected by sea breeze
- No mobile signal in valley

# Looking at basic equipment

- Wings their rating characteri
- Harnesses types and ratings
- Helmets types certification
- Other clothing, flying glasses,
- Ancilliary reserves, instrumen

http://www.bhpa.co.uk/ (glider ratings http://www.northern-paragliding.com/t guides/choosing-the-harness-for-you. https://www.google.co.uk/search?q=p

<u>nttps://www.google.co.uk/search?q=papes&hl=en&prmd=imvns&tbm=isch&tl</u> =X&ei=nxJjT5D2FenD0QXpqeiICA&v 1224&bih=565 (Helmets)

